Flores and Komodo Island Discovery
Nature, Culture and Wild Adventure
# Itinerary

<table>
<thead>
<tr>
<th>12 Days • 11 Nights</th>
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<tbody>
<tr>
<td>Denpasar-Maumere-Moni-Ende-Bajawa-Ruteng-Labuan Bajo-Komodo dragon Islands-Labuan Bajo-Denpasar</td>
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<tr>
<td>Optional: Beach Extension in Bali</td>
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## HIGHLIGHTS

- Visit Flores Island and the big crater at Lake Kelimutu
- See the traditional Indonesian villages of Flores
- Sleep aboard and travel through the Komodo Archipelago
- Visit Komodo Dragons and see how they live in semi-wild conditions

## TOUR ESSENTIALS

- **Tour Style**: Culture & Wildlife
- **Tour Start**: Denpasar
- **Tour End**: Denpasar
- **Accommodation**: Hotel, Cruise, Homestay
- **Included Meals**: 12 B, 11L, 11 D
- **Difficulty Level**: Medium

Flores is one of the Lesser Sunda Islands, and found to the east of Bali and south of Sulawesi. The population was 1,831,000 (2010) and the largest town is Maumere, the second largest being Labuan Bajo. *Flores* is Portuguese (as well as Spanish) for "flowers."

If you are planning to take a holiday in Indonesia or a holiday in Bali, then Flores and the Komodo Dragon islands make a great place to visit because they are just over an hour’s flight from Bali and combine exotic views, traditional cultures and the stunning wildlife of the Komodo dragons. Also the komodo dragon islands provide excellent opportunities for diving and snorkelling holidays in Indonesia.
Day 1: Denpasar-Maumere (B,L,D)

Arrival at Frans Seda Airport Maumere in Eastern Flores from Depasar, Bali, meeting with our guide and transferring to your hotel. Afternoon can be spent relaxing on the hotel beach with a free program.

Day 2: Maumere-Moni (B,L,D)

Starting our discovery of Flores island, we drive first to Dokar, which is a traditional weaving village, located about 40 minutes from our hotel, on the hill from where you can see the beautiful landscape from Maumere bay. Traditional dance and weaving demonstrations will be held in this village. Then we will continue to Paga beach where lunch will be provided. And on the way to Moni we visit Koka beach near Paga.

Dinner and overnight at Hotel.

Day 3: Moni-Kelimutu-Ende-Bajawa (B,L,D)

We start our day in the early morning and at 4 am we drive to visit Kelimutu lake, the three colored crater lakes, which are one of the most specular and mysterious sights for those travelling in Indonesia. On the way back to Moni, will make a short trek to see the rice terraces. Breakfast at hotel then we continue the trip to Ende and on the way we visit Saga village, a traditional village of Ende Lio tribes. We have lunch at a restaurant in Ende before driving to Bajawa. Dinner at a restaurant.

Overnight at a homestay in Bajawa.
In the morning we trek for about 1.5 hours to Wawomuda volcano (1753m) which is the latest volcano to emerge in Flores, exploding in 2001. From here we can see spectacular views of the Inerei and Ebulobo volcanoes. In the afternoon we visit Bena and Luba traditional houses and megalithic tombs and have the opportunity to take a hot bath at Soa natural hotspring. Dinner at a restaurant and overnight at a homestay.

**Overnight homestay**

**Day 5: Bajawa-Ruteng (B,L,D)**

Leaving our hotel in the morning, we drive down to the south coast of Flores to Aimere, which is famous with its “Arak” distillation and fresh palm juice tapping. We visit, Rana Mese lake, located on the slope of Ranaka mount. On the route we will do some more stops. Dinner at local restaurant.

**Overnight at hotel**

**DAY 6: RUTENG-TODO-NARANG-DINTOR-DENGE (B,L,D)**

After early breakfast, depart for Ruteng to discover the southern part of Manggarai. First we visit Golo Cara village – the best place to see ‘spider web’ rice fields. From there, we drive to Todo traditional village, soft trekking through rice terraces and enjoying the beautiful landscape near Narang Village. Lunch will be provided at a local family’s house in Narang. In the afternoon, drive along the south coast to Dintor and Denge (some stops will be taken en route). We will have dinner and stay overnight at a family’s house in Denge.

**Overnight family house**

**DAY 7: DENG-E-WAEREBO VILLAGE (B,L,D)**

After a light breakfast, we will trek to Wae Rebo Village, which takes around four hours. The authentic Manggarai houses are located about 1100m above sea level in the middle of the mountains. There are seven traditional houses. Built in the same form, six are for the local people and one extra house for the visitors. These houses have really high roofs and are five stories:
the top four are mainly used for the giant of lizard Komodo Dragon storage and all the living areas are on the bottom. You will have dinner and stay overnight in a provided house.

**DAY 8: WAEREBO VILLAGE-DENGE-DINTOR-LABUAN BAJO (B,L,D)**

After breakfast, we will trek down to Denge Village where lunch will be provided. After lunch, we drive to Labuan Bajo via Dintor and Nangalili (depending on the road condition; alternatively take the route through Todo Village to Labuanbajo). We will have dinner and stay overnight at Sylvia waicicu beach hotel at Labuan Bajo.

**DAY 9: LABUAN BAJO- KELOR ISLAND-KALONG ISLAND. (B,L,D)**

Morning after breakfast at hotel, transfer to the pier of Labuan Bajo for snorkeling in Kelor Island. Enjoy sunset in Kalong Island. You can see thousands of bats that come out to find food at night. Continue sailing to Rinca Island for overnight.

**DAY 10: KOMODO TREKKING IN RINCA ISLAND-PINK BEACH-GILI LABA (B,L,D)**

Morning after breakfast on the cruise, start trekking and walk through the typical dry forest to explore the Island of the Komodo dragons, we will find not just the Dragons but also many wild animals like, Timor deers, wild buffalo, long-tailed macaque and wild boars and also numerous of birds. Sometimes we are lucky to see the young Komodo dragons on the trees. Return to boat and proceed to Pink Beach Island for swimming, snorkeling and relaxing. Continue to Gili Laba for easy trekking to the top for enjoying the sunset and panoramic views.

**DAY 11: MANTA POINT-BIDADARI ISLAND-LABUAN BAJO(B/L/D)**

Visit Manta Point for swimming and snorkeling with Manta ray. Continue to Bidadari Island for swimming and relaxing. Back to Labuan Bajo and dinner at the Tree Top restaurant, overnight at Golo Hilltop Hotel Labuan Bajo.

Overnight Hotel

**DAY 12: LABUAN BAJO-DENPASAR(B)**

Free time until transfer to airport for departure flight to Denpasar.

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**OPTIONAL BEACH EXTENSION – US$ 155**

**INCLUDING (ACCOMODATION, LAND TRANSPORT AND GUIDE)**

**DAY 12: BALI FREE & EASY PROGRAM(B)**

Breakfast at hotel, before continuing on for your beach extension at Tanah Lot or Kecak Dance in Uluwatu with sunset view. Overnight at Kuta sea view Hotel.
**DAY 13: RELAXING ON THE BEACH(B,L,D)**

Free at leisure on the beach or free program at Kuta Beach Bali. Overnight in similar Hotel.

**DAY 14: INTERNATIONAL DEPARTURE (B)**

Breakfast at hotel before transferring to the airport for your flight home.
## Important Information

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<tbody>
<tr>
<td>All meals as described (B=breakfast, L=lunch, D=dinner)</td>
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<tr>
<td>Accommodation as described</td>
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<tr>
<td>English speaking guide</td>
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<tr>
<td>Boat as per itinerary</td>
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<tr>
<td>All transfers</td>
</tr>
<tr>
<td>All National Park entrance fees &amp; donations</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>NOT INCLUDED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meals other than mentioned</td>
</tr>
<tr>
<td>International flights</td>
</tr>
<tr>
<td>Internal flight ticket &amp; airport departure tax</td>
</tr>
<tr>
<td>Tips</td>
</tr>
<tr>
<td>Personal expenses</td>
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<tr>
<td>Alcoholic drinks and drinks in restaurants</td>
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<tr>
<td>Personal expenses</td>
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## WHAT TO BRING

- Sweater/jacket
- Sun screen, insect repellent
- Trekking shoes or trainers
- Hat
- Mask and fins for snorkeling (or can be hired locally)
- Towel and swimming suite

## Additional Information
<table>
<thead>
<tr>
<th>ACTIVITY DURATION</th>
<th>3-6 hours per day</th>
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<tr>
<td>SEASON</td>
<td>April - October</td>
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<tr>
<td>BEST TIME TO GO</td>
<td>April - October</td>
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<tr>
<td>GROUP SIZE</td>
<td>The price is per person &amp; based on a private trip based on 2 people travelling</td>
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**EXPEDITION SCHEDULE**
This is run as a private trip, so we are able to suit your dates and requirements. We can also tailor the trip to suit.

**DIFFICULTY LEVEL**
Our grades have been designated based on our perception of the degree of physical activity you are likely to require to enjoy the adventure. These are only a guideline. This itinerary has a 'Medium' level (2 – 5 hours of activities per day). This means that you will need an average level of fitness.

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**Accommodation**

| Seaworld Resort Maumere | Hotel Susteran Ruteng |

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Pioneer Expeditions
4 Minster Chambers ● 43 High Street ● Wimborne ● Dorset ● BH21 1HR
t 01202 798922 ● e info@pioneerexpeditions.com
Hotel Happy-happy Bajawa

Family’s house Denge

Kelimutu eco lodge

Waerebo Village homestay

Waicicu Beach Resort

Golo Hilltop Hotel & Restaurant Labuan Bajo
KM Zulaika live on board Komodo Island

Details:
Km Zulaika is type of wooden boat with Air Conditionaire Cabin to discover island around Flores and beyond.